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Agriculture and Natural Resources - 84 participants attended our local Plastics in Cotton Seminar on May 5, and the recording of that program has reached an additional 56 viewers. There was a 47% increase in the ratio of ginned bales to plastic-classed bales over last year's program. 91% plan to change at least one practice to reduce contamination and 62% said they expect an economic benefit from this workshop. On May 11, our Carbon Farming in Texas workshop was attended by 70 participants either online or in-person. Collectively, these growers managed over 21,000 acres and valued the program at an estimated \$249 thousand dollar benefit to them. The recording of that program has reached an additional 175 viewers. Participants had the option of joining the June 2 annual Nueces County Crop Tour either virtually or in-person. Topics discussed included cotton defoliation protocols, late season fertility management, cotton and insect management among other topics. Rainfall significantly delayed grain sorghum and corn harvest, however, all our sorghum trials have been harvested and yields have been strong in spite of yield loss due to weathering.

Family and Community Health - Nutrition programs were delivered at various locations. A Fresh Start to a Healthier You program reached 455 participants and 67 graduates at Cenikor. The Be Well, Live Well program was conducted at Northwest Senior Center and reached 30 participants. For the physical activity component, Walk N' Talk Rethink Your Drink series reached 7 youth participants at Figueroa Apartments. Participants of the Summer Enrichment ESL program at West Oso ISD learned about MyPlate and sugary drinks in July. A total of 16 youth participated in the one shot presentations and food demonstrations. The Growing and Nourishing Healthy Communities program continued to impact families during spring planting season with a total of 6 garden sites and 106 garden beds. 266 participants attended a 6-lesson plan teaching them to build and maintain beds, and how to harvest their vegetables. Participants also received recipe demonstrations utilizing the vegetables grown in their gardens. Participants have harvested approximately 660 pounds of vegetables. The Walk Across Texas! program was conducted at West Oso High School with 7 participants attending the kick off. The participants will walk for 8 weeks for a team goal of 832 miles. FCH continues to partner with the Nueces County Employee Wellness Program to provide monthly Lunch 'n Learn opportunities. Topics the last three months included mental health, the importance of hydration and outdoor grilling. The Grace United Methodist Church diabetes group was presented the MyPlate: Diabetes Edition program. Participants learned how to properly assemble a diabetes friendly plate with proper portion sizes and diabetes friendly foods. FCH partnered with The Relief Society of The Church of Jesus Christ of Latter-Day Saints to provide members with an Emergency Preparedness Readiness program. The FCH Agent attended the Annual Texas Extension Association of Family & Consumer Sciences State Conference and was the recipient of a team award in the Communications Educational Publication Award in recognition of the December 2 Remember online interactive calendar distributed in December 2020.

Healthy South Texas - Walk Across Texas! and Walk Across Texas – Diabetes Edition ran May 21-July 16, 2021 with 271 participants completing 45,415 activity miles for a total economic impact of \$1,241,394 - a diabetes savings of \$651,945 and cardiovascular disease savings of \$589,448. Four cohort teams participated along with many more community teams. Participant feedback included "My health is so much better, and I feel great at 81 years old!". Join us September 8th for our 25th Year Anniversary Edition of Walk Across Texas! Surrounding counties collaborated and agents planned "road trips" for the Healthy Texas Youth Ambassadors, highlighting local commodities and opportunities to expand knowledge and outreach within different communities. Our stop included a visit to the UT Marine Science Institute, expanding our knowledge of the Gulf of Mexico, marine life, and how it affects our health. The City of Port Aransas provided beach safety and rescue operations training. The Je'Sani Smith Foundation provided rip tide safety information along with swag bags full of infographics to share and help "keep us above water" (Je'Sani Smith Foundation, 2021). Partnered with Commissioner Chesney for the Sandcastle 5k, donating 200 bananas for runners.

Horticulture - Master Gardener Intern Graduation was coupled with the awards banquet in June. It normally occurs in December but was pushed back by Covid-19. The Gulf Coast Gardening series continued in May, June, and July. The public as well as staff from Port Aransas Parks and Recreation and the University of Texas Marine Science Institute participated in the ongoing Port Aransas Landscape Lecture Series. The CEA presented "Tropicals in the Landscape" as part of the May South Texas Botanical Gardens lecture series. Xeriscape workdays were held in June to deal with the freeze damage left behind by Winter Storm Uri. Butterfly gardens were built for the head-start program at El Centro Master Gardener and Master Naturalist meetings continued virtually. Gardening classes were begun at Elan assisted living facility.

4-H and Youth Development - District 11 Horse Show was held on June 1 and 2 in Edna. Our competitors won: Hunter-Flat Horseman Junior Champion Jessanie Saenz, Senior Champion Rylee King, Senior Reserve Champion Taylor-Marie Zamora; Halter Division - Gelding Reserve Champion Jessanie Saenz; Halter Division - Mare Reserve Champion Jesenia Saenz; Judged Horseman Junior Champion Jessanie Saenz, Senior Champion Taylor-Marie Zamora, Senior Reserve Champion Rylee King. Texas 4-H Roundup was conducted in College Station on June 7-10. Nueces County 4-H had 22 Senior competitors in Food Challenge, Invitational Livestock Judging, and Soil Judging. Texas 4-H Scholarship recipients were Rylee King awarded a \$20,000 San Antonio Livestock Show scholarship, and Reese Richardson awarded a \$10,000 McLean Estate scholarship. Nine elected 2021-2022 Nueces County 4-H Council Officers attended the District 11 Leadership Lab June 15-18 in Cedar Creek. In July 2021, 28 Record Books advanced to the District 11 competition, where nine books received first place with four Senior Record Books advancing to the State competition.

Expanded Food and Nutrition Education Program - Our unit reached 40 adults with 32 classes taught and 3,200 youth with 255 classes taught this quarter by face to face, virtual, and/or pre-recorded sessions. We are also happy to report that we received a \$2,000 sponsorship check from Superior Health Plan on July 13, 2021.